

BPI CARDS DURIANMAN TRIATHLON RULES, REGULATIONS, AND POLICIES

Updated as of March 31, 2017

The following are the Rules, Regulations, and Policies of DURIANMAN Triathlon outlined for the Registered Participants, hereafter referred to as “Athletes”. It is the responsibility of the Athletes to read, understand, and follow the Rules, Regulations, and Policies. Failure to do so may render the participant disqualified.

SWIM

1. Swim caps provided in the race kit must be worn.
2. Athletes without body markings will not be allowed to start.
3. Swimwear extending beyond the knees and/or elbows and/or neck are not allowed.
4. Wetsuits are not allowed.
5. Gun start – 5:45 AM
6. The swim start will be a mass start.
7. Any swim stroke that can propel an Athlete forward is allowed.
8. Athletes must not use any of the buoy lines for assistance in forward motion. Athletes who do so shall be disqualified.
9. Athletes are allowed to hold on to any flotation device, support boat, buoy line, provided that the Athletes do not use them for forward motion, nor should they board the support boats. Athletes who do so shall be disqualified.
10. Personal escorts using boats, kayaks, or any other means, are not allowed.
11. Swim Equipment such as flotation devices, swim shoes, fins, pads, snorkels cannot be used.
12. In case of difficulty, Athletes must call the attention of the Swim Marshals by putting their arms above their heads and waving them.
13. Athletes must follow the directions of the Swim Marshals at all times.
14. Athletes receiving assistance which involve exiting the water and/or making forward progress shall be disqualified.
15. Cut off: 1 hour and 15 minutes after the gun start.
16. Athletes who are not able to finish the swim leg before cut-off time shall be disqualified and shall be required to board the support boats to be escorted to Swim Exit.

BIKE

1. Only triathlon, road, or mountain bikes are allowed. Any other bike other than those mentioned are prohibited in the race.
2. Any unusual device attached to the bike and its individual that unfairly aids in acceleration is prohibited or subject to the Race Director’s approval.
3. Helmet must be worn and fastened first before getting the bike. Upon return to Transition, helmet must be unclipped only after bike has been racked.
4. Race bib must be shown/worn at the back of the Athlete.
5. Athletes not wearing their race bibs will be asked to return to their slot and wear their race bib. Athletes who did not bring their race bibs to T1 will be disqualified and will not be allowed to continue.
6. Mount/dismount only at designated areas. Athletes who do not mount/dismount at the designated areas shall be asked to return to the area he/she mounted/dismounted on and then proceed to the proper area to mount/dismount.
7. Bike must have seat post sticker. Helmet must have all the stickers attached.
8. Athletes must always stay on the right.
9. Athletes must ride in single file maintaining a distance of at least 6 meters away, or roughly 3 bike lengths, from the athlete in front.

10. Drafting – staying within 6 meters, or roughly 3 bike lengths from the Athlete riding in front – is prohibited.
 - a. First Offense – Stop and Go Penalty
 - b. Second Offense - Disqualification
11. Overtaking must be done within 15 seconds.
12. Overtaking must be done on the left side.
 - a. First Offense – Stop and Go Penalty
 - b. Second Offense - Disqualification
13. Overtaken Athlete must back away at least 6 meters, or roughly 3 bike lengths to avoid a drafting penalty.
14. Blocking is preventing another Athlete to make forward progress. Blocking also covers staying on the left side of the lane, preventing other athletes to overtake.
 - a. First Offense – Stop and Go Penalty
 - b. Second Offense - Disqualification
15. Athletes MUST MAKE A U-TURN ONLY AT DESIGNATED AREAS even if the athlete has realized he/she made extra loops. Athletes in the process of making an extra loop must finish that extra loop.
16. Athletes who make ILLEGAL U-TURNS OR LEFT TURNS WILL BE DISQUALIFIED IMMEDIATELY.
17. Personal escorts, personal support vehicles, and personal water stations are NOT ALLOWED.
18. Athletes must follow the directions of the Bike Marshals at all times.
19. Cut off: 3 hours and 15 minutes after the gun start
20. Athletes who are not able to finish the bike leg before cut-off time shall be considered DNF – Did Not Finish and shall be required to board the support vehicles. to be escorted to Transition.

RUN

1. Barefoot or bare-torso running is not allowed.
2. Race bibs must be shown/worn in front of the Athlete.
3. Athletes must follow the directions of the Run Marshals at all times.
4. Personal support vehicles are NOT ALLOWED.
5. Personal water stations are allowed. However, the Organizers shall be released from any liability incurred once an Athlete receives support from his/her personal water station.
6. Cut off: 5 hours and 15 minutes after the gun start
7. Athletes who are not able to finish the run leg before cut-off time shall be considered DNF – Did Not Finish and shall be required to board the support vehicles. to be escorted to Transition.

GENERAL RULES

1. Athletes must be a good sport to all participants.
2. Athletes are responsible for their personal safety and the safety of others.
3. Athletes must follow the instructions of race officials, marshals, and traffic personnel.
4. Athletes must practice utmost RESPECT and COURTESY to all participants, officials, marshals, volunteers, and traffic personnel. The use of abusive language against the aforementioned persons is not allowed
 - a. Allegations are strictly construed against the offending participant.
 - b. Offending participants may be disqualified at the discretion of the race organizers.
5. Athletes are not allowed to litter or throw trash anywhere, unless at designated areas.
6. Knowing the race course is the responsibility of the athlete.
7. Athletes must follow the designated race course at all times.
8. Athletes must avoid indecent exposure, i.e. bare torso biking and or running is not allowed.

9. Athletes must not use any distracting entertainment gadgets or devices, including but not limited to, smartphones, cameras, music players. Athletes caught using such shall be disqualified.
10. Athletes must wear the provided identification bands at all times throughout the event. These identification bands shall be used for security purposes and for entry to exclusive areas of the race.
11. Athletes must wear their timing chip and securely fasten the timing chip throughout the race proper.
12. Transition Area shall be open to Athletes on Saturday, April 22 from 10:00 AM to 4:00 PM only, and on Sunday, April 23 from 3:00 AM to 4:45 AM only. Athletes are not allowed to enter the Transition Area outside of the scheduled times.
13. Athletes who finish the race must surrender the timing chip upon finishing. Athletes who fail to do so shall be disqualified unless a fee is paid (Fee – TBA)
14. Athletes who do not finish the race, or has not completed a certain leg before cut-off must also surrender the timing chip. Athletes who fail to do so shall be disqualified unless a fee is paid (Fee – TBA)
15. Athletes who lose their timing chips during the race must inform the timing officials immediately. A fee shall be paid for the lost timing chip (Fee – TBA). Failure to pay the required fee may result to disqualification.
16. Athletes must complete all three disciplines – swim, bike, and run – within the cut-off time to be considered as a Finisher. Athletes who fail to do so shall be considered DNF – Did Not Finish.
17. Athletes who did not complete a certain leg before cut-off time shall not be allowed to continue the race. Athletes who persist assume all risks and shall no longer be the responsibility of the Organizers.
18. Friends, family members, and other unauthorized guests/persons are not allowed to enter the finish chute with the Athletes. Picture taking will only be allowed beyond the finish line area barricades.
19. The Organizers reserve the right to require Athletes to undergo drug testing before the race. Athletes who test positive in using illegal substances shall be disqualified from the race.
20. Athletes administered with intravenous fluid (IV) shall be automatically be deemed as DNF – Did Not Finish.
21. Only Athletes registered in Elite shall be eligible for Cash Prizes. Athletes registered in Elite are no longer qualified for Age Group Awards.
22. Only Athletes registered in Age Group are qualified for Age Group Awards.
23. Athletes registered in Age Group are classified using their age as of December 31, 2017.
24. Protests for winning awards must be done in writing, addressed to the Race Director, and submitted within one (1) hour from the announcement of the winners. The one-hour limit shall commence as soon as the announcement of winners of the last category is finished.
25. The Organizers reserve the right to make necessary corrections to the race course in case of serious weather conditions on Race Day.
26. The Organizers reserve the right to cancel the event – in part or in whole – in case the Organizers shall deem it unsafe for the Athletes to race in such severe and harsh conditions.
27. The Organizers reserve the right to make necessary changes to the Rules and Regulations of the Event and such changes shall be communicated with the Athletes through available means of communication and during Race Briefing or Race Kit Claiming.

MEDICAL INFORMATION, MEDICAL & MECHANICAL ASSISTANCE

1. Only the fellow Athletes and authorized mechanics are allowed to assist Athletes participating in the race. Athletes receiving any assistance from unauthorized person may be disqualified.

2. In line with the Accident Waiver & Release of Liability (AWRL), all medical expenses incurred relating to the event are the sole responsibility of the Athlete.
3. Relevant past and current medical conditions or medical procedures undergone must be disclosed to the Organizers. Non-disclosure of the aforementioned information releases the Organizers from any liability incurred due to the said medical condition or medical procedure.
4. The Organizers reserve the right to remove any Athlete from the race course, relying the professional judgment of the Event Medical Team. The Event Medical Team shall have the final and unequivocal authority to deem an Athlete to be in serious medical emergency rendering him/her unable to finish the race.
5. Athletes who enter and use Medical Vehicles or Transport shall be automatically be deemed as DNF – Did Not Finish.

TRANSITION

1. SATURDAY, April 22 - Transition is open from 10:00 AM to 4:00 PM (TBA).
2. SUNDAY, April 23 - Transition is open from 3:00 AM to 4:45 AM (TBA).
3. Bikes can be checked in on Saturday, April 22 or Sunday, April 23, when Transition is open.
4. Bike Check-in is not allowed outside of the designated schedule.
5. Athletes who arrive late can no longer be allowed to join the race.
6. Only authorized Event Personnel and Athletes are allowed inside the Transition Area.
7. Athletes shall assume the responsibility of ensuring all their race essentials and gears are within their own designated areas. All items found outside of the designated areas shall be surrendered to Lost & Found.
8. Glass bottles or any glass materials are not allowed inside the transition area.
9. Bikes and gears shall only be claimed by the Athletes. Family members, staff, or any other persons are not allowed to claim on an Athlete's behalf.

RELAY TEAMS

1. Relay Team members must be at the designated Relay Tent before Transition Area closes on Sunday, April 23 4:45 AM.
2. Teams with 2 members and Teams with 3 members shall be competing in a single category referred to as the Relay Team Category. The Relay Team Category is then classified further into Mixed, All-Male, All-Female categories.
3. A Relay Team may consist of 2 or 3 members. Athletes in the Individual Category cannot compete in the Relay Team Category. An Athlete in a Relay Team can only compete for one Relay Team.
4. All cut-off times and any applicable rules not inconsistent with the rules for Individual Athletes are also applied to Relay Teams and their Members.

RACE KIT CLAIMING POLICY

The Race Kit, which includes, but is not limited to, the race bib, loot bag, timing chip, event bands, shall only be claimed by the registered participant as evidenced by at least one (1) valid ID. Another valid ID may be requested from the registered participant to resolve conflicts.

REFUND & TRANSFER POLICY

The event registration is NON-REFUNDABLE but FULLY TRANSFERRABLE subject to the following:

- No fee shall be charged up to February 28, 2017
- Php 300 transfer fee PER PERSON SUBSTITUTED shall be charged from March 1-15, 2017.
- Php 500 transfer fee PER PERSON SUBSTITUTED shall be charged from March 16-31, 2017.

- The registration is NON-TRANSFERRABLE starting April 1, 2017

ATHLETES MUST ADHERE TO THE RULES, REGULATIONS, AND POLICIES OUTLINED IN THIS DOCUMENT. THE RACE ORGANIZERS RESERVE THE RIGHT TO DISQUALIFY OR PENALIZE ANY ATHLETE FOUND TO HAVE VIOLATED THE RULES.

ACCIDENT WAIVER & RELEASE OF LIABILITY

1. I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

2. I certify that I am physically fit have sufficiently trained to be a participant in the event and have not been advised otherwise by a qualified medical person.

3. I acknowledge that event holders, sponsors and organizers, in events in which I may participate and that it will govern my actions and responsibilities at said events, will use this Accident Waiver and Release of Liability (AWRL) form.

4. In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows:

(A) Waive, Release and Discharge the TRIATHLON ASSOCIATION OF DAVAO FAMILY INC. (TRIAD), their directors, officers, employees, volunteers, agents, event holders, event promoters, event sponsors, event volunteers, event permit grantors, event property owners, and event participants, from any and all liability for my death, disability, personal injury, property damage, property theft, lost income, or any other losses, costs or actions of any kind which hereafter may accrue to me by virtue of my training for this event, my participation in this event or my travel to or from this event;

(B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event.

5. I hereby consent to receive medical treatment, which may be deemed advisable in the event of injury, accident and or illness during this event.

6. I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

7. **IMPORTANT:** TRIAD and the organizers of this race do not provide insurance coverage for injuries that occur at the race. The costs related to those injuries are the responsibility of the individual participant.

8. The AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I HEREBY CERTIFY THAT I HAVE READ THIS DOCUMENT; AND I FULLY UNDERSTAND ITS CONTENT, AND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS UPON JOINING THIS EVENT AND THAT I VOLUNTARILY AGREE TO THIS ACCIDENT WAIVER AND RELEASE OF LIABILITY.

IN THE EVENT OF ANY CANCELLATION DUE TO UNFORESEEABLE EVENTS, OR ANY "ACT OF GOD", I ALSO UNDERSTAND THAT MY ENTRY IS NON-REFUNDABLE, NON-TRANSFERRABLE, AND NON-APPLICABLE TO FUTURE RACES OF TRIAD.